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### **For Immediate Release: Osceola Community Hospital Now Offering 3-D Mammography Services**

**Sibley, IA (June 10, 2020)** Osceola Regional Health Center is pleased to now offer 3D mammography exams, further demonstrating our commitment to offering high-quality women's healthcare. Genius 3D mammography, developed by Hologic, Inc., is a new breast imaging tool that improves the early detection of breast cancer. 3D mammography is proven to detect breast cancers earlier, reduce unnecessary call backs, and find more invasive breast cancers while using less radiation.

"We are committed to the fight against cancer, so to have such an accurate tool in our facility to fight breast cancer is exciting for us," says Ben Davis, CEO of Osceola Regional Health Center. "Equipping our providers with the latest technology aligns with our mission. The women of our community deserve quality care close to home."

A 3D mammogram includes both 2D images and tomosynthesis scans. During the tomosynthesis-DIMENSIONAL portion of the exam, an X-ray arm sweeps in a slight arc over the breast, taking multiple images. A computer then converts the images into a stack of thin layers, allowing the radiologist to review the breast tissue one layer at a time. A 3D mammogram requires no additional compression and takes just a few seconds longer than a conventional 2D breast cancer screening exam.

8 in 9 women have no previous family history of breast cancer, and 1 in 8 women will develop breast cancer in their lifetime, making it imperative to each woman's regular health exam. Individuals who have a family history of breast cancer are recommended to schedule a screening at an earlier age. Early detection is the best protection against breast cancer.

If you would like to schedule a 3D mammogram appointment, or have questions about this important breast health procedure, please call 712-754-5361.

**About Osceola Regional Health Center:** Osceola Regional Health Center is a locally owned, private, nonprofit, health care organization located in Sibley, IA, providing inpatient, outpatient and community health services to the citizens of Osceola County and the surrounding area. Osceola Regional Health Center has 25 beds for acute patients along with skilled and intermediate care patients and also includes a surgical center.